

For more information or to apply for services under the Family Caregiver Support Program contact:

Your Local Area Agency on Aging

COUNTY	LOCATION & ZIP	TELEPHONE
Adams	Gettysburg 17325	717-334-9296
Allegheny	Pittsburgh 15222	412-350-4234
Armstrong	Kittanning 16201	1-800-368-1066
Beaver	Beaver Falls 15010	724-847-2262
Bedford	Bedford 15522	1-800-892-7903
Berks	Reading 19601	610-478-6500
Blair	Altoona 16601	1-800-245-3282
Bradford	Towanda 18848	570-265-6121
Bucks	Doylestown 18901	215-348-0510
Butler	Butler 16001	1-888-367-2434
Cambria	Johnstown 15901	1-800-992-4464
Cameron	Ridgway 15853	1-800-672-7145
Carbon	Palmerton 18071	1-800-441-1315
Centre	Bellefonte 16823	814-355-6716
Chester	West Chester 19380	1-800-692-1100
Clarion	Clarion 16214	814-226-4640
Clearfield	Clearfield 16830	1-800-225-8571
Clinton	Williamsport 17701	1-800-332-8555
Columbia	Bloomsburg 17815	1-800-598-5001
Crawford	Meadville 16335	814-336-1792
Cumberland	Carlisle 17013	717-240-6110
Dauphin	Harrisburg 17101	717-780-6130
Delaware	Eddystone 19022	1-800-416-4504
Elk	Ridgway 15853	1-800-672-7145
Erie	Erie 16501	1-800-769-2436
Fayette	Charleroi 15022	1-888-300-2704
Forest	Warren 16365	1-800-281-6545
Franklin	Chambersburg 17201	1-800-642-6990
Fulton	Bedford 15522	1-800-892-7903
Greene	Charleroi 15022	1-888-300-2704
Huntington	Bedford 15522	1-800-892-7903
Indiana	Indiana 15701	724-349-4500
Jefferson	Brookville 15825	1-800-852-8036
Juniata	Lewistown 17044	1-800-348-2277
Lackawanna	Scranton 18503	570-963-6740
Lancaster	Lancaster 17608	1-800-801-3070
Lawrence	New Castle 16105	724-658-3729
Lebanon	Lebanon 17046	717-273-9262
Lehigh	Allentown 18101	610-782-3034
Luzerne	Wilkes-Barre 18701	570-822-1158
Lycoming	Williamsport 17701	1-800-332-8555
Mckean	Ridgway 15853	1-800-672-7145

COUNTY	LOCATION & ZIP	TELEPHONE
Mercer	Mercer 16137	1-800-570-6222
Mifflin	Lewistown 17044	1-800-348-2277
Monroe	Stroudsburg 18360	1-800-498-0330
Montgomery	Norristown 19404	610-278-3601
Montour	Bloomsburg 17815	1-800-598-5001
Northampton	Easton 18042	1-800-322-9269
Northumberland	Sunbury 17801	1-877-622-2251
Perry	New Bloomfield 17068	717-582-5128
Philadelphia	Philadelphia 19130	215-765-9000
Pike	Hawley 18428	1-800-233-8911
Potter	Roulette 16746	1-800-800-2560
Schuylkill	Pottsville 17901	570-622-3103
Snyder	Lewisburg 17837	1-800-533-1050
Somerset	Somerset 15501	1-800-452-0825
Sullivan	Towanda 18848	570-265-6121
Susquehanna	Towanda 18848	570-265-6121
Tioga	Towanda 18848	570-265-6121
Union	Lewisburg 17837	1-800-533-1050
Venango	Franklin 16323	1-866-452-4464
Warren	Warren 16365	1-800-281-6545
Wayne	Honesdale 18431	570-253-4262
Washington	Charleroi 15022	1-888-300-2704
Westmoreland	Greensburg 15601	1-800-442-8000
Wyoming	Wilkes-Barre 18701	570-822-1158
York	York 17401	1-800-632-9073

Information is also available by contacting:

Pennsylvania Department of Aging
 555 Walnut Street, 5th Floor
 Harrisburg, PA 17101-1919
www.aging.state.pa.us



Edward G. Rendell
 Governor

Nora Dowd Eisenhower
 Secretary



Pennsylvania's Family Caregiver Support Program



Helping Families care for their older loved ones at home



A program of the Pennsylvania Department of Aging
 Funded in part through the National Family Caregivers Support Act

Pennsylvania's Family Caregiver Support Program ...



**responding to the needs of
family caregivers**

Caregivers are the focus

When you're not feeling well, home is where you want to be – no matter what your age. And when an older relative or friend is ill or frail, you want to keep them close; to take care of them at home.

Pennsylvania's Family Caregiver Support Program makes that possible by assisting families caring for an older relative or friend at home. In some cases, the program can also support older caregivers of younger relatives. Its purpose is to support – not replace – the care being provided to frail family members in their home.

The Family Caregiver Support Program responds to the needs of caregivers, so that they can better care for their loved ones.



How does the program work?

Area Agencies on Aging assign staff professionals to help family caregivers assess their needs in taking care of older relatives who are sixty years of age or older or who are suffering from chronic dementia or Alzheimer's Disease. This assistance is also available to older caregivers caring for qualifying younger relatives.

An important feature of the Family Caregiver Support Program is that it allows the caregiver to choose the service most needed to help care for the older relative or friend at home.



The Family Caregiver Support Program offers the following:

- Advice and counseling in which caregivers are informed of the benefits available to them. Direct assistance in accessing benefits is provided as needed.
- Financial assistance through a cost sharing approach. Families may receive up to \$200 per month to help them with out-of-pocket expenses ranging from respite care to paying for adult briefs.
- Modifications to the home such as installing chair climbs, building ramps or modifying the bathroom. One-time only grants of up to \$2,000 can be given to families who qualify so that they can make the home more livable for the individual with disabilities.



Cost shared expenses: A unique feature

The Family Caregiver Support Program is the first program of the Pennsylvania Department of Aging to provide financial assistance for essential purchases. In addition to the basic services offered at no cost to families, financial assistance is available on a cost-sharing basis to help families with out-of-pocket caregiving expenses.

Amounts are determined by actual expenses and family income. Established income guidelines are above poverty level to enable more middle income families to participate.



Benefits and Services for Caregivers

- Assessments of caregiver and older relative's needs
- Counseling in coping skills
- Respite care
- Training in caregiving skills
- Home chore services
- Financial assistance to purchase supplies or services
- One-time grants for home adaptations
- Benefits and counseling on services available through local, state and federal programs.
- Referrals to family support or disease-specific organizations such as: Children of Aging Parents; Alzheimer's Disease and Related Disorders Association.
- Assistance in completing benefits and insurance forms.

